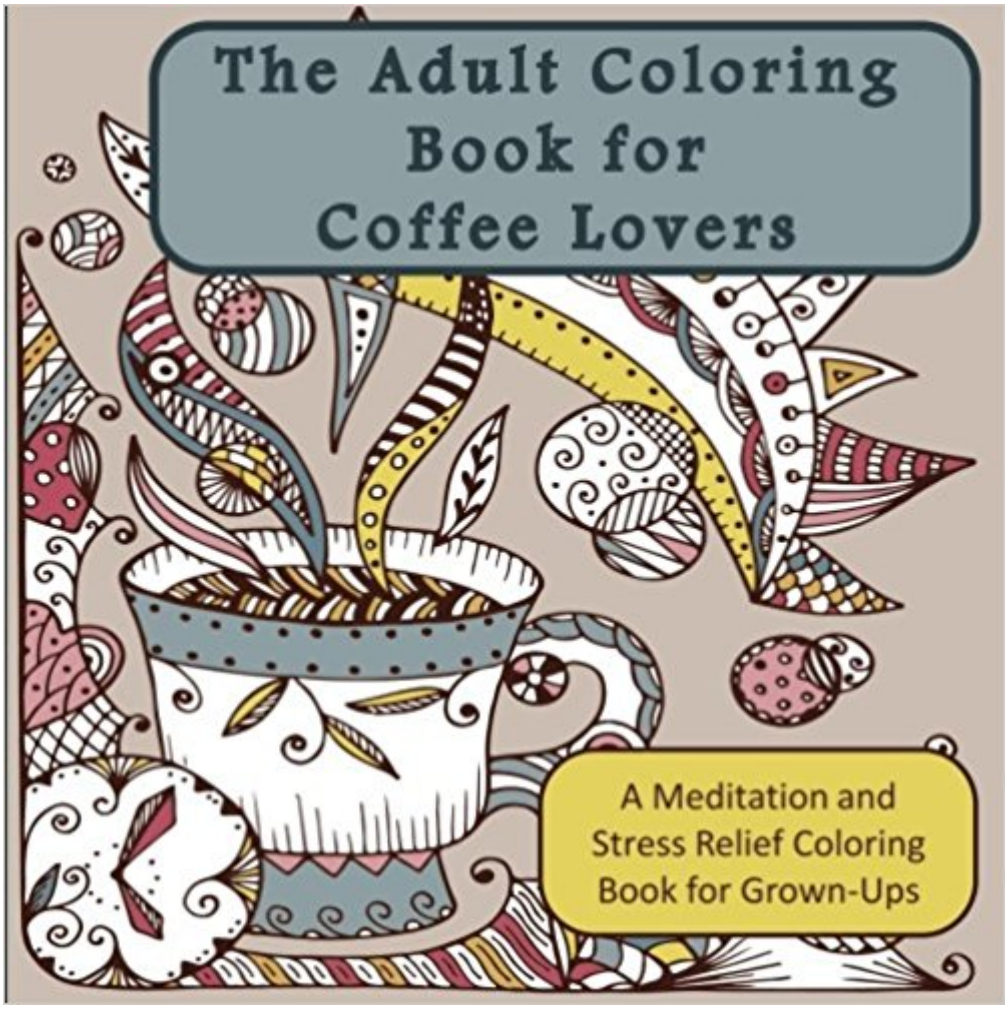
Ebook Directory
the best source of ebook

The book was found

The Adult Coloring Book For Coffee Lovers: A Meditation And Stress Relief Coloring Book For Grown-Ups (Humorous Antistress Coloring Pages And Zentangle Designs For Relaxation And Stress Relief)




PDF
Adobe
DOWNLOAD EBOOK

Synopsis

COFFEE THEMED COLORING PAGES | GREAT BIRTHDAY GIFT IDEA Believe it or not, coloring books aren't just for children anymore. The popularity of adult coloring books has skyrocketed recently. You'll find them online and at all the major retailers. Recent research shows they provide hours of entertainment and relaxation. Do you love adult coloring? Do you consider your self a coffee lover or perhaps even a coffee connoisseur? Have we got the coloring book for you! Imagine the feeling of relaxation and calm you will experience while coloring one of the many empowering coloring book pages in the Adult Coloring Book for Coffee Lovers with your favorite cup of coffee. Because you love coffee, relaxation and less stress - the Adult Coloring Book for Coffee Lovers is a must for your collection. Adult coloring books can help you find your Ã¢â ¬Å“happy placeÃ¢â ¬Â• and can be extremely therapeutic. This is nothing new. Throughout history, art has often been used as a way to bring peace, calm and healing. The famous painter Frida Kahlo is a great example. In pain most of her life after a accident, Frida turned to painting while bedridden following the accident to deal with her isolation and pain. Her art would provide an escape throughout the rest of her career. Doctors and therapists have discovered the healing benefits of art for their patients. Fortunately, you don't need to be an artistic genius such as Frida Kahlo to realize these benefits. Adult coloring books such as the Adult Coloring Book for Coffee Lovers are a low cost and effective way to manage both mental and physical conditions. The Adult Coloring Book for Coffee Lovers provides beautiful adult coloring pages featuring artistic designs of your favorite beverage. First grab a cup of your favorite coffee, then grab a set of pens and finally, find yourself totally absorbed in a relaxing session of adult coloring with your the Adult Coloring Book for Coffee Lovers. Stop procrastinating. Start enjoying the incredible benefits adult coloring now! Let each design guide you through a journey of tranquility and let your troubles leave your mind. Purchase the Adult Coloring Book for Coffee Lovers now! Use Ink or PensUse either fine-tipped ink markers, color pencils, and pens. Single Sided Pages With One Design Per Page The opposite page for each drawing has been left blank to prevent ink pens from bleeding through. The Perfect Gift for a Loved One Buy one for yourself and give one to a loved one. This adult coloring book is perfect for: Providing the right mindset to allow rest and relaxation when having difficulty sleeping Attaining a state of relaxation and calm during the stress and anxiety filled moments Dealing with nervousness an anxiety Enhancing focus and concentration Providing a therapeutic art release to reduce anxiety and unpleasantness Buy Now, Find Your Happy Place with coffee and coloring. Begin Your Journey of Relaxation and Tranquility Now With This Amazing Adult Coloring Book. Click the Buy button at the top of the page to begin.

Book Information

Series: Humorous Antistress Coloring Pages and Zentangle Designs for Relaxation and Stress Relief

Paperback: 58 pages

Publisher: CreateSpace Independent Publishing Platform (December 4, 2016)

Language: English

ISBN-10: 154083302X

ISBN-13: 978-1540833020

Product Dimensions: 8.5 x 0.1 x 8.5 inches

Shipping Weight: 5.9 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 4 customer reviews

Best Sellers Rank: #83,919 in Books (See Top 100 in Books) #83 inÃ Â Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Humorous #108 inÃ Â Books > Self-Help > Art Therapy & Relaxation #299 inÃ Â Books > Self-Help > Stress Management

Customer Reviews

I really like the designs in this book. There are lots of really pictures for sure. Cons of this books are: the pages are thin, and they aren't perforated at the edges for easy tear out. I usually like to remove the page I'm coloring so I can turn it as I color. The pages in this book are hard to tear out. These were the only things I didn't like. All that being said, I recognize this is a self-published book by an artist whose working hard to sell her art. Otherwise, I really like the artwork and I hope the artist puts out more designs.

I love doing a bit of this book while I drink coffee in the mornings.

Very cute book.

Great

Download to continue reading...

The Adult Coloring Book for Coffee Lovers: A Meditation and Stress Relief Coloring Book for Grown-Ups (Humorous Antistress Coloring Pages and Zentangle Designs for Relaxation and Stress Relief) Soccer Mom: A Humorous Adult Coloring Book For Relaxation & Stress Relief: (Humorous Coloring Books For Grown-Ups) Zentangle Ice Cream Adult Coloring Book Designs: Patterns for

Relaxation and Stress Relief (Zentangle Art and Color) (Volume 1) Penguin Coloring Book For Adults: Stress-relief Coloring Book For Grown-ups, Containing 40 Paisley, Henna and Zentangle Penguin Coloring Pages (Bird Coloring Books) (Volume 1) Coloring Book for Adults & Grown Ups : An Easy & Quick Guide to Mastering Coloring for Stress Relieving Relaxation & Health Today! (The Stress Relieving Adult Coloring Pages) Mandalas For Meditation: A Mandala Coloring Book (Mindfulness Coloring Books for Grown-Ups for Relaxation, Stress Relief & Art Therapy) Flower Designs Coloring Book: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) (Volume 1) Giraffes Coloring Book - 60 Zentangle Giraffe Designs: with Paisley and Mandala Patterns for Stress Relief and Relaxation (Adult Coloring Books) (Volume 11) Sugar Skulls at Midnight Adult Coloring Book: A Unique Midnight Edition Black Background Paper Coloring Book for Grown-Ups (Day of the Dead & Dia De ... for Relaxation & Stress Relief) (Volume 1) A Snarky Adult Colouring Book: I Run on Coffee, Sarcasm & Lipstick (Snarky AF: Humorous Coloring Books for Grown-Ups) (Volume 1) Pig Coloring Book For Adults: Stress-relief Coloring Book For Grown-ups, Containing 40 Paisley, Henna and Mandala Pig Coloring Pages (Farm Animal Coloring Books) (Volume 1) Colorful Dogs Coloring Book (Adult Coloring Gift): A Dog Lovers Delight Featuring 50 Breeds and Over 100 Design Pages To Color | Patterns For Relaxation, Fun, and Stress Relief Hand-Drawn Mandalas Coloring Book, Volume Two: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) Guided Meditation: 30 Minute Guided Meditation for Sleep, Relaxation, & Stress Relief ((Self Hypnosis, Affirmations, Guided Imagery & Relaxation Techniques) Panda Coloring Book For Adults: Stress Relief Coloring Book For Grown-ups Including 40 Paisly, Henna and Mandala Panda Bear Coloring Pages Otter Coloring Book for Adults: Stress-relief Coloring Book For Grown-ups, Containing 40 Paisley, Henna and Mandala Style Otter Coloring Pages Cow Coloring Book For Adults: Stress-relief Coloring Book For Grown-ups, Containing 40 Paisley, Henna and Mandala Style Coloring Pages Adult Colouring Book Designs: Stress Relief Colouring Book: Star War Designs, Mandalas, Zentangle - Darth Vader, Jedi, Stormtrooper, R2D2, BB8, ... Wars, Chewbacca, Darth Maul, new star wars She Believed She Could So She Did Adult Coloring Book with Inspirational Quotes: A Coloring Book for Grown-Ups Providing Relaxation and Encouragement ... and assist with Anti-Stress and Mindfulness) Adult Coloring Books: Mindfulness Mandalas: A mandala coloring book for adult relaxation featuring stress relieving coloring pages for adults including henna flowers geometric & animal designs

Contact Us

DMCA

Privacy

FAQ & Help